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pork or veal or mutton, poultry or game—no matter what your purchase of meat from us may be, you are never disappointed. It is always of the best quality. That means it will always cook well and taste delicious when served. Kept fresh and tender, it will taste so.

FRESH FISH Wednesday, Thursday and Friday

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WIFE SAVERS

By Mrs. Mary Morton

A closet on the back porch, or even built under the back porch, provides a safe place in which to keep articles that are needed in the back yard. It also provides a safe place for delivery men to leave bundles when you are not at home. Such a closet can be placed on a porch already built and can be located across the end or against the wall of the house. Paint it to be in keeping with the house.

Butterscotch Pie.—One cup brown sugar, one tablespoon butter, one large cup milk, pinch of salt, two scant tablespoons flour or cornstarch, one egg. Put sugar and butter in skillet to brown. Stir constantly. Stir flour, salt, yolk of egg and milk together, add to butter and sugar, cook until thick but not too thick. Set aside to cool. Have a nice rich crust baked. To this add filling. Beat white of egg; when nearly beaten add sugar and pinch of baking powder. Spread over top. Bake a medium brown in quick oven. By adding powder to white of egg, frosting is made much thicker and "fluffier."

When sewing, have a paper sack at your side, into which you may drop threads and scraps. It saves the time that one would otherwise spend in picking them up.

Wash one box fresh raspberries and sprinkle with four tablespoons of sugar. Dissolve a package of prepared raspberry gelatin in just enough boiling water to cover (about one cupful) and stir till all the crystals are dissolved. Then add enough more ice water to make three-fourths of a pint. Set the dish in a pan of cracked ice and whip until the consistency of whipped cream. When it is fine-grained and fluffy and will drop from the beater in a lump, fold in the raspberries and the juice, and it is ready to serve, or may be set in the ice box till needed. Heap in tall glasses, top with whipped cream, and garnish with a few of the fresh raspberries. Other berries may be used in like manner.

The mah jongg craze knows no limits. The game is now produced in candy. Boxes containing the set, counters and all, made of nougat and caramel, make an appeal to devotees of the game. These boxes of sweets make ideal prizes or souvenirs for mah jongg teas or evenings.

Take a year or year-and-a-half-old hen, prepare as for stewed chicken. Salt and pepper each piece well an droll in flour. If there is much fat on chicken, place fat in frying pan and render out, then add a little butter and place chicken in hot fat and fry to a nice golden brown on both sides. Remove to your roaster, add a little hot water, put on roaster cover and place in moderately hot oven. Add a little hot water from time to time until chicken is very tender, then remove to platter and garnish with parsley. Place roaster on top of stove, add two tablespoons of flour to gravy in pan, mix smooth, add more water or milk, cook until smooth, season and serve over potato and biscuits.

A young mother suggests that regular quilted table padding makes excellent pads for baby's bed and carriage. One and one-half yards of 54-inch padding was cut in three pieces 18 inches square; the raw edges were bound with strips of bias muslin. These are inexpensive and easily laundered.

TO WASH DISHES PROPERLY Remove all food from the dishes with a rubber scraper if there is one. Rinse under running water, using hot if it is greasy, or cold if families. Put all food away and empty garbage. Use two pans—warm suds in one, clear hot water for rinsing in the other—unless you use an open drain rack. In that case have the kettle filled with hot water for the rinsing. If you use the rinsing pan, spread a heavy towel on the drain board and after rinsing the dishes put them on the towel to drain. This will save a number of your dishes. Wash glasses first, then silver, cups and saucers, small plates, large plates, and other chinaware. Change the water if necessary and do the pots and pans. In rinsing the pots and pans in the beginning it is well to use a brush and steel wool whenever necessary. This keeps them bright and clean and will not contaminate the water as much.

When hemming a skirt, slip it over the ironing board and you will find the hem much easier to sew.

FRUIT JUICES Fruit juices for everybody, but especially for children, are the best summer drink yet discovered. If not made delightfully sweet they are very refreshing.

A good tart, clear lemonade or orangeade with perhaps the addition of a cupful of currant, strawberry, blackberry, raspberry or grape juice, is refreshing and best of all, very healthful as well. Babies should not be given lemonade. It is a trifle too tart for them, and if heavily sweetened the sugar is likely to ferment in the child's stomach and cause acidity. But even a 3-month-old baby, if in normal health, may be safely given a tablespoon of strained orange juice once a day. Older babies love orangeade, and children revel in it.

Orange Cake.—One and one-half cups sugar, one-half cup butter, two eggs, two and one-half cups

flour, four teaspoons baking powder, one-fourth teaspoon salt, one orange, one cup milk, Cream sugar and butter together thoroughly, add beaten yolks of eggs, stir together, then add milk, sift flour with baking powder, add salt, add the above mixture. Grate rind of one orange, then add juice and grated rind, fold in stiff beaten whites of eggs. Bake in moderate oven. Icing: One cup sugar, one-half cup cold water; boil until it spins a thread. Just before it spins a thread a pinch of cream of tartar may be added to white of egg. Add one-half teaspoon of orange extract. Beat until thick, spread on cake. If yellow icing is desired, beat yolk of egg and add to other ingredients.

When there is only a small portion of various kinds of jelly and preserves left, mix them together, boil down quite thick, turn into a jelly tumbler, and use as a marmalade. It will be excellent for breakfast with toast, or to make sandwiches with for the children.

Orange Muffins.—Two tablespoons butter, three-fourths cup orange juice, grated rind of orange, two cups flour, one and one-half teaspoons baking powder, Cream butter and sugar, add eggs, and beat; then add orange juice, and orange rind, sifted with baking powder. Bake in greased muffin pans in moderate oven 25 minutes.

Coffee Cake.—One cake compressed yeast, three-fourths cup orange juice, grated rind of orange, two cups flour, one and one-half teaspoons baking powder, Cream butter and sugar, add eggs, and beat; then add orange juice, and orange rind, sifted with baking powder. Bake in greased muffin pans in moderate oven 25 minutes.

Sponges grow sour quickly because of the moisture they hold, and they are injured by hot water. There are two ways to clean them: Soak in a solution of warm soapy water to which borax has been added, a tablespoon to a quart; or take the strained potatoes well and boil with their jackets on. Boil enough to use for lunch and to cream for the evening meal; then wash the sponges made in the morning and the lettuce and cress washed and on ice ready for the salad, the dinner is easily gotten with only the chops to broil at the last minute and the tea to make. If tea is preferred make a small quantity of very strong tea in the morning and add cold water to it when ready to serve.

Boiled New Potatoes.—Scrub the potatoes well and boil with their jackets on. Boil enough to use for lunch and to cream for the evening meal; then wash the sponges made in the morning and the lettuce and cress washed and on ice ready for the salad, the dinner is easily gotten with only the chops to broil at the last minute and the tea to make. If tea is preferred make a small quantity of very strong tea in the morning and add cold water to it when ready to serve.

Harbor City Notes

Mr. and Mrs. W. Craddock, who have been spending the past month at the home of their niece and nephew, Mr. and Mrs. Hughes, of 252d street, have left for Seattle, Wash., where they will visit Mrs. Craddock's brother, William James, before returning to their home at Kansas City, Mo.

Mrs. L. C. Barker and family, of 258th street and Senator avenue, have returned to their home here after spending a pleasant visit with the former's mother-in-law, Mrs. Mary T. Barker, of Los Angeles.

A party of friends from Harbor City who spent a pleasant day at Ocean View Park and enjoyed a picnic lunch were: Mrs. Hilma Eckman, Minnie and Harold Eckman, Mr. and Mrs. K. Alto and family, Mr. and Mrs. O. Maki, Mr. and Mrs. W. Haworth and family, and T. Leino and children.

Mr. and Mrs. J. A. Boecker, A. J. Dickerson, and Mrs. Thompson attended the Los Angeles Polytechnic high school commencement at the Philharmonic auditorium Thursday evening.

Mrs. C. C. Blaylock of 252d street left Monday to join her husband in Los Angeles. Mrs. Blaylock has been employed at the Smith grocery for a long time, and has many friends here.

Mr. and Mrs. Arthur Aspittle and sons, Clarence and Stanley, spent Sunday at Redondo Beach.

Harbor City folks that spent Sunday at Redondo Beach included Mr. and Mrs. Ames, George Bookaw Jr. and his mother, Mrs. G. Bookaw Sr., Mr. and Mrs. Fats and son Kenneth, Mr. Williams, Mr. and Mrs. Jack Myerscough and sons, Walter and George, and Misses Nellie and Phyllis Myerscough.

Mr. and Mrs. C. B. Cone, of 256th street attended the carpenter's picnic held at Redondo Beach Saturday afternoon.

Mr. and Mrs. Chris Jones of 251th street entertained over the week-end Mr. and Mrs. T. Cook of Pomona.

George OUR BOY REPORTER

Tomorrow's 4th of July and fireworks all over the U. States. They had sun in N. York last week. I heard the chief talk to somebody about it on the phone. No-buddy was hurt and no bloodshed neither he said.

We had a pitcher on the 1st page last week of all the pieces thrown a lot of whiskey away and licker and moonshine. And Mister Ollie Stevenson sed the grass-hopper's ware they throte it was makin faces at chicken's round there all after noon. I don't no ware the piece got it.

Iona Barnett dun dandy down to the commencement talkin about I own my native land and Albert Ienstein he talked about the harvest. Miss Tent plade the peanner dandy also wich was You'd in A flat and Ecco of Vienne by Sauer. A pleasant time was had by all also.

Mister Black started a dandy sale down to the Army and Navy store up to 1222 El Prado wich was a success. My father sed most of his wages went to Mister Black last Saturday anyhow because my mother parked down there about 4 hours.

Tonite's the nite down to the canvass tabernacle to find out how sartin he and ware he is abot. So I goss lotsa people will go and find out.

Laura LaPlante's down to the Torrance theatre wich will interest lotsa people in excitement my father sed tonight and tomorrow nite also. We are gettin out our paper Thursday because tomorrow nobody work's. And Saturday it's Dustin Farnum in the buster with sum lady.

HOW'S YOUR HEALTH?

By Dr. W. F. Thompson

I've heard it said It never pays To dance o' nights And sleep o' days.

Who stores uncovered rain-water breeds trouble.

Most of man's inimical bacteria are distributed by himself.

How many tour The sun-kissed hills And leave behind Their unpaid bills.

Those who suffer from fall hay fever should begin preventive treatment now.

Trashy candy, supplied from school cafeterias, is not considered wholesome lunch for school children.

The trouble with modern medicine is that patients are now called by number and not by their first names.

Take your vacation on the hill top. When the wind blows your hammock'll rock; When you come back to the city this fall, You'll wish to the Lord you hadn't at all.

The old-fashioned preacher and the old family doctor were altruists—they knew nothing of filing systems nor credit ratings.

The boy and his dog are often boon companions; but, for the protection of both, the dog should be immunized against rabies.

And another denizen of the forest that lies in wait to spring upon the unsuspecting tourist, is poison ivy. If you don't know ivy when you see him, meet him, get his physiognomy fixed in your mind, then avoid him.

For Nature's once Great open spaces Are now all used For parking places.

Eat, drink, and regret it.

Better to be short of cash than short of breath.

A tireless tyrant, on a summer tour, is a business worry.

No man without money can afford to be without insurance.

Oh, well, it's just like this: When you think of old Judas You think of a kiss.

Some pay their doctors, while others sign notes for automobiles.

The doctor knows what one-half of the world doesn't know about the other half.

Oh hesitate, don't dissipate, It brings us naught but pain; You distillate inebriates And cuts our lives in twain.

It stands for hookworm, thrives in the soil, makes dough for the doctor faster than oil.

Of course I know you've traveled far— Across the trackless seas; But ten to one you've never seen A rat without his flea.

"Parable of the fishes": Heard most anywhere, this season of the Year.

Mrs. Lucy Reeve's gone to Mt. Lowe but she don't no how long for so she's goin to be livin high for a while this summer the chief sed it look's like. And Mrs. May Howe's gone with her. I don't no if they are relashun's. I gess they will bunk together jess the same.

Mister J. A. Young was down to Lost Hill's. And had a good time but he din't get lost I gess. I gess they call it Lost Hill's because people get lost in them. I got lost in the wood's wun time in Iowa. But I got home when a man picked me up on the road and he ast me my name and he node my father so he took me home. He din't no I was lost till I told him.

Mister and Mrs. George Woodside are movin in there new house down to Gramercy ave so I gess they will have a house warmin jesses soon's Mrs. Woodside get's the house lookin ship's shape.

Mrs. Toy King's here now with Mister King from S. Francisco. Down to the Castle King's alway's live in castle's anyhow less they get thron's off the throne the chief sed.

Mister and Mrs. Will Lock have gone to Portland to see the site's but it's two late for the rose car- nival chief sed. I don't gess they went to see roses anyhow because they are plenty here. They went in there car so I hope they don't have no punche's.

I am goin to get the male now to see did embyuddy send us a check this early. They consually wate to the 10th and the 15th and 20th and sumtime's they wate indefiant the chief sed.

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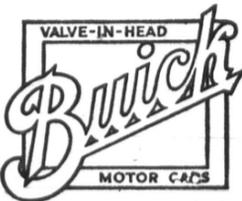
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